



First Responder Immediate Help

From <http://codegreencampaign.org/resources/>

National Suicide Prevention Lifeline – 1-800-273-8255

The national (USA) suicide hotline. Not first responder specific, but they can and will talk to anyone who needs help. We've been told by one of their founders they have a large number of first responders and veterans who volunteer.

Copline (Law Enforcement Only) – 1-800-267-5463

A confidential helpline for members of US law enforcement. Their website also has additional information on help and resources.

All Clear Foundation is a 501c3 public charity whose mission is to improve the overall wellbeing and longevity of those who serve our communities in times of need. We believe that healthy Emergency Responders contribute to healthier communities.

Frontline Helpline – 1-866-676-7500

Run by Frontline Responder Services. Offer 24/7 coverage with first responder call-takers.

Kristin Brooks Hopeline – 1-800-442-4673

Another national (USA) hotline for people suffering from mental health issues.

Suicide.org list of local helplines for all 50 states

This list includes thousands of local call numbers for every state in the US. Calling a local number can help put you in contact with nearby resources like counselors or psychiatrists faster than calling a national line.